Welcome to Volunteer in Mummon Kammari Gathering Place!

Mummon Kammari is a gathering place for everyone in Tampere.
Find out what that means and what our volunteers do here.

What is Mummon Kammari gathering place?

- Space owned by the evangelical-lutheran parishes of Tampere
- Mummon Kammari and Myötätuuli activities
  Mummon Kammari helps older people. Myötätuuli has activities for people with visual impairments as well as sign language users.

MUMMON KAMMARI

MYÖTÄTUULI

TAMPEREEN SEURAKUNTAYHTYMÄ
SUOMEN EV.LUT. KIRKKO

- Gathering place is an accessible space.
- Visitors must not be under influence of substances, such as alchohol or drugs.
- In gathering place, people can learn about Mummon Kammari.
  We often have visiting groups.
- Everyone is welcome to visit the gathering place.
  Our goal is to reduce loneliness and foster sense of community - to bring people closer together.
- Gathering place is also a space for Mummon Kammari volunteers to meet each other and receive support from our coordinators.



Federation of Tampere Evangelical-Lutheran Parishes
Pictures used are file photos from Mummon Kammari archive when not otherwise specified.

What is Mummon Puoti?

- Mummon Kammari has a shop called ”Mummon Puoti”.
  Crafts made by volunteers are sold in the shop.
  Revenue is used to hire young people during summer
  to help older people go outside and run errands,
  as well as for volunteer activities in general.





Who takes care of the gathering place?

- Gathering place is mainly run by volunteers.
  Each day has its own team.
  The team consists of volunteers in different roles.
  Temps, language learners and students might also join the team.
  Everyone is allowed to be themselves
  and participate with the skills they have.
  We are grateful to have different people working together!

Are coffee and pastries free?

- Mummon Kammari has a box for voluntary payment.
  Visitors are informed of the opportunity to pay,
  but they do not have to pay.
  Payments are used to buy coffee
  and baking ingredients.



What do gathering place volunteers do?

Mummon Kammari gathering place has people volunteering
from Monday to Thursday.
Volunteers are a team and help each other out.

If you need help with your own task,
you can ask coordinators or other volunteers.
"Can I help you?" and "*Can you help me?"*
are great questions, and they help the team work together.
Let's decide together what to do and how to solve any issues!

Here's information about different volunteer roles and tasks.

Isäntä



- opens the electric door for visitors
- welcomes people coming in and
  welcomes them back when they leave
- asks the visitors if they'd like to know more
  about Mummon Kammari
- asks if visitors need help when, for example,
  they use mobility aids
  or have visual impairments
- can assist visitors with their coats
- answers questions and helps with practical matters
- takes care of safety,
  gets a coordinator when needed and
  calls for help if necessary.

Emäntä



- makes sure everyone can find a seat
- chats with visitors that are looking for company
- shows visitors around
- gives new visitors Mummon Kammari brochures
- keeps an eye on the general situation and cleanliness
- informs everyone about weekly activities and
  current events during program

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Boutique volunteer



- assists clients in the shop
- takes care of the tidiness of the shop
- displays products
- takes up donated yarn and crafts

Info desk volunteer

- answers questions
- sells Mummon Puoti products
- takes up volunteers' bus fare imbursement forms and gives them TKL gift cards in return
- counts and marks down the number of daily visitors to the data table between the calendar
- takes care of various secretarial tasks when needed

Group leaders



- take care of activity groups, such as a crafts group or a card game group
- are always present when the group gathers and guide and assist participants
- inform new participants about how the group operates and introduce them to the other participants so that the newcomer feels welcome
- begin and end group activities at the scheduled time
- make sure speakers use the microphone: the induction loop only works when the microphone is in use
- welcome and introduce guest speakers or performers

Volunteer bakers



- arrive first in the morning and bake sweet or savory pastries
- take care of hygiene
- write down any issues with the equipment and ingredients that have run out to the list next to the microwave

Kitchen volunteers

- make and serve coffee
- find pastries for visitors with special dietary requirements (cupboard / freezer)
- take care of the hygiene and the tidiness of the kitchen and the coffee table
- wipe the tables in the group area
- write down groceries needed to the list next to the microwave

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10 guidelines for everyone:

1. Let your coodinator know if you're going to miss your shift.
2. Do not come to the gathering place when you are sick.
3. Use a name tag when volunteering.
4. Tell visitors about assistance for older people and orientations for new volunteers if they ask. You can think of what to say beforehand!
5. Treat everyone with respect.
   Speak kindly of others even when they are not present.
6. Be friendly towards students, language learners, and temps.
   Guide them, chat with them, and give them tasks to do.
7. Does someone seem lonely?
   Ask if they'd like company.
8. Make sure everyone can find a seat.
9. Do not make noise during program.
10. Openly share any concerns you have.
    We can find a solution together.
    You can always ask in person,
    call or text your coordinator.



Picture: Papunet

Your contribution is important. Thank you!

Your designated coordinators:

volunteer coordinator
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volunteer coordinator
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